

EJITE Featured Reviewers 2006

Karen M. Appleby, Ph.D.

Assistant Professor
Sport Science and Physical Education
Idaho State University
Pocatello, Idaho



Research Interests:

My primary research interest is in sport psychology, specifically in the area of populations that have been not traditionally researched such as women and the masters athlete population. I have conducted research investigating the experience of female athletes in socially defined “masculine” sports (i.e., female rock climbers), masters athletes in sports such as competitive road and mountain biking, and also the experiences of elite female athletes and motherhood. Other areas of research interest include the scholarship of enhancing the advising process for undergraduate students.

While working as a reviewer for EJITE, what have you learned about yourself as a researcher?

My work as a reviewer for EJITE has opened my eyes to the possibility of including various technologies into my work as both a teacher and a researcher. I have become increasingly aware of the power of technology and how I can use different technological features to enhance the learning process for my students (as well as for myself). In the area of research, my work as a reviewer has stimulated a new area of interest for me in terms of the technologies we use in sport and how this can be advantageous for not only competitive sport but also the physical education classroom.

Recent Publications and Accomplishments

Appleby, D. C., & Appleby, K. M. (in press). Helping students avoid the kisses of death in the graduate school application process. *Teaching of Psychology*, 33(1), 19-24.

Appleby, K. M. (in press). *Bouldering*. In Berkshire encyclopedia of extreme sports. London: Berkshire Publishing Group.

Appleby, K. M., & Fisher, L. A. F. (2005) “Female energy at the rock:” A feminist exploration of high level female rock climbers. *Women in Sport and Physical Activity Journal*, 14(2), 10-23.

Appleby, K. M. (2006, March). "*Female energy at the rock:*" *A feminist exploration of high level female rock climbers.* Presented at the 3rd annual Gender in Everyday Life Conference, Pocatello, ID.

Appleby, K. M. (2005, October). "*Running in and out of motherhood*": *Elite distance runners experiences' of returning to competition after pregnancy.* Presentation at the annual meeting of the Association for the Advancement of Applied Sport Psychology Conference Vancouver, BC.